



The ASPIRE research trials are now closed and the team would like to thank all of the practices that have participated in the programme. Our research has involved more than 200 practices in the region, making it one of the biggest and most rigorously conducted quality improvement studies in the UK.

Practices were randomised to receive support packages for one of four clinical priorities: blood pressure control in patients at high risk of cardiovascular events, diabetes control, risky prescribing and anticoagulation in atrial fibrillation. The final audit reports are currently being prepared and will be circulated to practices very soon. We are currently analysing the data to examine whether our interventions improved achievement of selected clinical indicators, and plan to present and share our findings later this year.

We are always very keen to receive feedback about participating in ASPIRE so please contact us ([aspire@leeds.ac.uk](mailto:aspire@leeds.ac.uk) or 0113 343 6731) with any comments, or for further information about our work.